



General Revision Tips



*Whatever you think about, that's
what you remember.
Memory is the residue of thought*



1. *Get started*



2. *Make a plan*



3. *Create a suitable space*



4. *Take regular breaks*



5. *Keep healthy*



Flash Cards

Simply create your own revision resources using flash cards. You can write on both sides, colour code them or use them to quiz yourself and others.



Dual Coding

Dual coding means putting your knowledge into visual form alongside words



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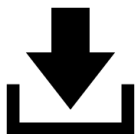


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Retrieval practice

During your exams you will need be able to recall large amounts of information from your brain quickly. To get better at this, you need to practise! Not only will you get better at recalling information, but the information you recall is more likely to stick in your memory.



Deliberate practice

Set time aside to practice what you will be doing in the exam - answering exam questions.





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