

Sports Leadership Programme

The Sports Leaders program offers opportunities to students to gain confidence in themselves through planning, developing and leading Primary School events. It also opens up opportunities for them around school to be a brilliant role model to others in their class/year and school. These leaders are then used within not only the PE Department, but on Open evenings, Parents evenings, school shows, new staff guided tours. The leaders end up with a booklet that shows how many 'volunteer hours' they have achieved, which makes a great talking point for careers and college interviews.

Activities include Leader's training prior to events which give them opportunities to practice their communications skills with their peers. It teaches young people how to look a stranger in the eye with confidence, hold conversations with other adults, encourage younger pupils to improve with whatever activity they are taking part in, gain confidence projecting their voice, giving demonstrations and welcoming others to their school environment.