


Topics in this cycle: KS3 Dance	Taught: Spring 2	Year Group: 7-8
Key knowledge/concepts to be learnt ('Tell me about....')		Websites/blogs/YouTube links and further reading to deepen and consolidate learning
<ul style="list-style-type: none"> • What is the Haka? • It is a variety of ceremonial dances in Māori culture. Haka are often performed by a group, with vigorous movements and stamping of the feet with rhythmically shouted accompaniment • What is Capoeira? • Capoeira, dancelike martial art of Brazil, performed to the accompaniment of call-and-response choral singing and percussive instrumental music. <p>Haka</p> 		<p>https://www.youtube.com/watch?v=oDubRnoCa2s</p> <p>https://www.youtube.com/watch?v=WV-Sf5-aCcc</p>

Home-School Learning Collaboration – Physical Education

Key Vocabulary and Definitions to Be Learnt		What Will the Assessment Look Like?
Balance	A steady or held position achieved by an even distribution of weight.	<ul style="list-style-type: none"> • Beginning • Approaching • Secure • Exceeding
Canon	When the same movements overlap in time.	
Choreography	The art of creating a dance.	
Control	The ability to start and stop movement, change direction and hold a shape efficiently.	
Body composition	The percentage of the body that is made up of muscle, fat, bone and water	
Flexibility	The range of motion that is possible at a joint.	Family Learning Opportunities
Form	The overall shape and structure of a dance.	Midlands Dance Academy Kingsbury Rd, Birmingham B24 8RE
Formations	Shapes or patterns created in space by dancers	