

# Home-School Learning Collaboration – PSHE



<b>Topics in this cycle:</b> Health & Hygiene		<b>Taught:</b> Summer 1	<b>Year Group:</b> 7
<b>Key knowledge/concepts to be learnt ('Tell me about...')</b>		<b>Websites/blogs/YouTube links and further reading to deepen and consolidate learning</b>	
<ul style="list-style-type: none"> <li>• Know it...I know why personal hygiene is important and I can list ways to promote this.</li> <li>• Know it...I can list ways of preventing the spread of diseases using antiseptics and disinfectants.</li> <li>• Know it...I know what good oral hygiene looks like.</li> <li>• Know it...I know how sleep affects my physical and mental health.</li> </ul>		<a href="#">Keeping clean - BBC Bitesize</a> <a href="#">Health Growth and Change - BBC Bitesize</a> <a href="#">The importance of handwashing in food hygiene - 2nd level Science - BBC Bitesize</a>	
<b>Key Vocabulary and Definitions To Be Learnt</b>			<b>What Will The Assessment Look Like?</b>
Toiletries	Articles used in washing and taking care of one's body, such as soap, shampoo, and toothpaste.	<b>End of Unit test:</b> 15 minutes <ul style="list-style-type: none"> <li>• Short answer questions</li> <li>• Multiple choice</li> </ul>	
Oral hygiene	Oral hygiene is the practice of keeping your mouth clean and disease-free. It involves brushing and flossing your teeth as well as visiting your dentist regularly for dental X-rays, exams and cleanings.		
Microbes	a very small living thing, especially one that causes disease, that can only be seen with a microscope.		
Diseases	a disorder of structure or function in a human, animal, or plant, especially one that has a known cause and a distinctive group of symptoms, signs, or anatomical changes.		
Sleep deprivation	Sleep deprivation occurs when an individual fails to get the amount of sleep that they need. Sleep deprivation can occur due to various lifestyle, work and environmental factors.		
Memory	the faculty by which the mind stores and remembers information.		
			<b>Family Learning Opportunities</b>