

Home-School Learning Collaboration – PSHE



Topics in this cycle: Health and Safety		Taught: Summer 1	Year Group: 8
Key knowledge/concepts to be learnt ('Tell me about....')		Websites/blogs/YouTube links and further reading to deepen and consolidate learning	
<ul style="list-style-type: none"> • Know it...I know how to improve my level of personal safety. • Know it...I know and can identify basic techniques for dealing with common minor injuries and ways to access help in an emergency. • Know it...I know the potential hazards and I can explain how to reduce risk to personal safety when travelling independently. • Know it...I know about the potential hazards in the kitchen and food safety. 		Introduction - Personal safety - GCSE Learning for Life and Work (CCEA) Revision - BBC Bitesize Avoiding risk and ensuring personal safety - Personal safety - GCSE Learning for Life and Work (CCEA) Revision - BBC Bitesize Dr Emeka's Essential First Aid - BBC Teach Health & Safety and First Aid test questions - GCSE Hospitality (CCEA) - BBC Bitesize	
Key Vocabulary and Definitions To Be Learnt			What Will The Assessment Look Like?
Personal Safety pur-suh-nl seyf-tee	Personal safety refers to the freedom from physical harm and threat of physical harm, and freedom from hostility, aggression, and harassment.	End of Unit test: 15 minutes <ul style="list-style-type: none"> • Short answer questions • Multiple choice 	
First Aid Furst eyd	First aid is the first and immediate assistance given to any person with either a minor or serious illness or injury, with care provided to preserve life, prevent the condition from worsening, or to promote recovery until medical services arrive.		
Mobility moh-bil-i-tee	The ability to move or be moved freely and easily.		
Safety measure seyf-tee mezh-er	An action, procedure or contrivance designed to lower the occurrence or risk of injury, loss and danger to persons, property or the environment.		