Home-School Learning Collaboration – Physical Education



Topics in this cycle:

Girls Option - Basketball

Taught: Autumn 2

Year Group:

9

Key knowledge/concepts to be learnt ('Tell me about....')

What are the main types of passing in basketball?

What are the rules and regulations?

2 teams of 5 players

Scoring: If a shot is successfully scored from outside of the three-point line, three points are awarded.

If a shot is successfully scored from inside of the three-point line, two points are awarded.

If a team is awarded a technical foul, then they will receive between one and three free shots. Each shot scored will be awarded with one point.

Contact: you must not interfere with play by touching or pushing an opponent.

Double dribble: A player is no longer able to dribble with the ball once the player puts two hands on the ball. This does not include catching.

An attacking team has 24 seconds from gaining possession of the ball to shoot at the basket.

Passing

Chest Passing

https://youtu.be/X6V4UPIwAL4?si=W3vo49Gmx7ZhgoJb

Websites/blogs/YouTube links and further reading

to deepen and consolidate learning

Shoulder Passing

https://youtu.be/DZWWHBCRuPA?si=qUCXOx2bt04feU6G

Bounce Pass

https://youtu.be/V3aVfpLvO9Y?si=o_grjhxu2r0c62cl

Rules for Basketball

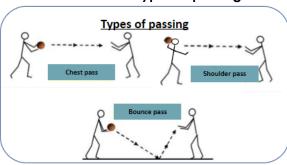
https://www.youtube.com/watch?v=oyjYgmsM00Q

Shooting Technique:

https://www.youtube.com/watch?v=t7ciq_x4138

Dribbling in Basketball:

https://www.youtube.com/watch?v=BnvGa0l8bMc



What are the 5 positions in a basketball Team?



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Key Vocabulary and Definitions to Be Learnt		Family Learning Opportunities
Basketball Court	Area that a game of basketball is played on.	City of Birmingham Rockets Basketball Club
Basketballs	Equipment used to play Basketball	<u>CITY OF BIRMINGHAM ROCKETS BASKETBALL CLUB – We Are</u>
Types of passing Chest pass Shoulder pass Bounce pass	Different ways to pass the ball to your teammates	Rockets (cobrockets.co.uk) Nechells Wellbeing Centre Rupert St Nechells Birmingham B7 4AR
Lay up	A layup in basketball is a two-point shot attempt made by leaping from below, laying the ball up near the basket,	
Offensive foul	An offensive foul in basketball is a foul committed by an offensive player whose team is in possession of the ball	Phone: 0121 464 4373 Basketball England – West Midlands Information
Double dribble	A double dribble in basketball is a violation that occurs when a player makes a controlled dribble, pauses, and then dribbles the basketball again	https://www.basketballengland.co.uk/ Birmingham Mets Basketball Club Lichfield Road Sutton Coldfield B74 2NW Birmingham Mets Basketball Club (ueniweb.com)
Defence	A basketball defence refers to the defensive strategies, alignments, and positioning that a team uses to prevent the opposing offense from scoring.	What will the Assessment look like?
Contact	Contact in basketball is when a player guards tightly or hits an opponent.	Refer to Know it Show it Assessment BASE Assessment Beginning Approaching Secure Exceeding
Free throw	In basketball, free throws or foul shots are unopposed attempts to score points by shooting from behind the free-throw line	
Marking	Man-to-man defence in basketball is a type of defensive formation and tactic where every defensive player is assigned an offensive player to defend against	

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