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| Topics in this cycle: Girls Option - Basketball | Taught: Autumn 2 | Year Group: 9 |
| Key knowledge/concepts to be learnt ('Tell me about....') | | Websites/blogs/YouTube links and further reading to deepen and consolidate learning |
| <p>• What are the main types of passing in basketball? What are the rules and regulations?</p> <div data-bbox="107 430 689 750"> </div> <p>What are the 5 positions in a basketball Team?</p> <div data-bbox="145 837 676 1284"> </div> <div data-bbox="728 438 1355 1300" style="border: 2px solid green; border-radius: 25px; padding: 10px;"> <p>2 teams of 5 players</p> <p>Scoring: If a shot is successfully scored from outside of the three-point line, three points are awarded.</p> <p>If a shot is successfully scored from inside of the three-point line, two points are awarded.</p> <p>If a team is awarded a technical foul, then they will receive between one and three free shots. Each shot scored will be awarded with one point.</p> <p>Contact: you must not interfere with play by touching or pushing an opponent.</p> <p>Double dribble: A player is no longer able to dribble with the ball once the player puts two hands on the ball. This does not include catching.</p> <p>An attacking team has 24 seconds from gaining possession of the ball to shoot at the basket.</p> </div> | | <p>Passing Chest Passing https://youtu.be/X6V4UPIwAL4?si=W3vo49Gmx7ZhgoJb</p> <p>Shoulder Passing https://youtu.be/DZWWHBCRuPA?si=qUCXOx2bt04feU6G</p> <p>Bounce Pass https://youtu.be/V3aVfpLvO9Y?si=o_grijx2r0c62cl</p> <p>Rules for Basketball https://www.youtube.com/watch?v=oyiYgmsM00Q</p> <p>Shooting Technique: https://www.youtube.com/watch?v=t7ciq_x4138</p> <p>Dribbling in Basketball: https://www.youtube.com/watch?v=BnvGa0l8bMc</p> |

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| Key Vocabulary and Definitions to Be Learnt | | Family Learning Opportunities |
|--|---|--|
| Basketball Court | Area that a game of basketball is played on. | <p>City of Birmingham Rockets Basketball Club</p> <p>CITY OF BIRMINGHAM ROCKETS BASKETBALL CLUB – We Are Rockets (cobrockets.co.uk)</p> <p>Nechells Wellbeing Centre Rupert St Nechells Birmingham B7 4AR</p> <p>Phone: 0121 464 4373</p> <p>Basketball England – West Midlands Information</p> <p>https://www.basketballengland.co.uk/</p> <p>Birmingham Mets Basketball Club</p> <p>Lichfield Road Sutton Coldfield B74 2NW</p> <p>Birmingham Mets Basketball Club (ueniweb.com)</p> |
| Basketballs | Equipment used to play Basketball | |
| Types of passing Chest pass Shoulder pass Bounce pass | Different ways to pass the ball to your teammates | |
| Lay up | A layup in basketball is a two-point shot attempt made by leaping from below, laying the ball up near the basket, | |
| Offensive foul | An offensive foul in basketball is a foul committed by an offensive player whose team is in possession of the ball | |
| Double dribble | A double dribble in basketball is a violation that occurs when a player makes a controlled dribble, pauses, and then dribbles the basketball again | |
| Defence | A basketball defence refers to the defensive strategies, alignments, and positioning that a team uses to prevent the opposing offense from scoring. | <p>What will the Assessment look like?</p> <p>Refer to Know it Show it Assessment</p> <p>BASE Assessment</p> <ul style="list-style-type: none"> • Beginning • Approaching • Secure • Exceeding |
| Contact | Contact in basketball is when a player guards tightly or hits an opponent. | |
| Free throw | In basketball, free throws or foul shots are unopposed attempts to score points by shooting from behind the free-throw line | |
| Marking | Man-to-man defence in basketball is a type of defensive formation and tactic where every defensive player is assigned an offensive player to defend against | |

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