

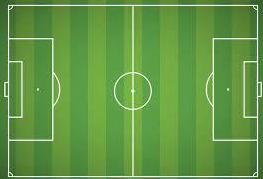




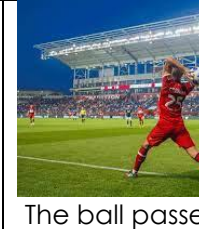


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| <p>Topics in this cycle: Year 7 and Year 8 Football. ½ term each group</p> | <p>Taught: Autumn 2</p> | <p>Year Group: 7-8</p> |
| <p>Key knowledge/concepts to be learnt ('Tell me about...')</p> | | <p>Websites/blogs/YouTube links and further reading to deepen and consolidate learning</p> |
| <p>What are the main types of passing in Football? Short Passing & Long passing</p>  <p>Positions</p>  | <p>What are the rules and regulations in Football?</p> <p style="text-align: center;"><u>Rules and regulations</u></p> <ul style="list-style-type: none"> ▪ 2 teams, each with a maximum of eleven players; one must be the goalkeeper. ▪ A match is usually played in two 45-minute halves. ▪ A kick-off starts both halves. ▪ A goal is scored when the whole ball passes over the goal line, between the goalposts and under the crossbar. ▪ Players must not be careless, reckless or use excessive force against an opponent. ▪ Offside (offence): when a player goes behind the line of opposing defenders before the ball. ▪ Handling the ball: Players are not allowed to use their hands or arms to control the ball unless they are the goalkeeper ▪ Throw in: a throw in occurs when the ball has completed passed the touchline ▪ A corner kick is awarded when the defencing team kicks the ball over the goal line. ▪ A goal kick is awarded when a ball passes wholly over the goal line, having last touched an attacking team player has been kicked to them. ▪ A free kick is awarded to the opposing team when a player is guilty of an offence. ▪ A penalty kick is awarded if a player commits a direct free kick offence inside their penalty area. Goals may be scored directly from a penalty kick. | <p>Short passing- Soccer Techniques: Short Pass Football - YouTube</p> <p>Long Passing- Soccer Techniques: Long Pass Football - YouTube</p> <p>Dribbling- THE BASICS OF DRIBBLING beginner tutorial - YouTube</p> <p>Ball Control- Improve ball mastery 5 drills for ultimate control - YouTube</p> <p>Attacking skills and drills- Best 1v1 Attacking Soccer Drills And Attacking Soccer Skills To Beat A Defender - YouTube</p> <p>Defending skills- 7 defender tips to make strikers FEAR you - YouTube</p> <p>Shooting- Beginner's guide to shooting 5 BASIC TIPS - YouTube</p> <p>How to play football and rules- Beginner's guide to football Football for dummies - YouTube</p> <p>Rules of football explained- The Rules of Football (Soccer or Association Football) - EXPLAINED! - YouTube</p> |

| Key Vocabulary and Definitions To Be Learnt | | Family Learning Opportunities |
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| Football pitch |  <p>Area that a game of football is played on.</p> | <ul style="list-style-type: none"> • Join local football teams. http://www.findafootballteam.info/ • Girls Football Information only https://www.birminghamfa.com/ https://www.Englandfootball.com/ • Aston Villa Brookvale Training Academy Opening September 23. Every Friday from 3pm (Opening information to follow) Homegrown stars visit new Inner City Academy AVFC |
| Footballs, Football boots and shin pads |  <p>Equipment used to play football.</p> | |
| Types of passing. Short pass Long pass Lofted pass Crossing | Different ways to pass the ball to your teammates | |
| Dribbling | A skill to use whilst staying on the ball and moving it around the pitch | |
| Dominant and non-dominant foot | Dominant- the foot you use to kick the ball (stronger foot) Non-dominant- Your weaker foot. | |
| Balance and coordination | Balance- is the ability to stay upright or stay in control of body movement. Coordination- is the ability to move two or more body parts (foot eye in football) | |
| Attacking Shooting | The team with the possession of the ball to create a goal-scoring chance. Shooting- hitting the ball to try score a goal. | <p>What Will the Assessment Look Like?</p> <p>See know it Show it Assessment Sheets</p> <p>BASE Assessment</p> <ul style="list-style-type: none"> • Beginning • Approaching |
| Defending tackling | The team without the ball to stop attacks during the game and prevent the opposition from scoring. | |
| Possession | Keeping the ball in a game by passing | |

Home-School Learning Collaboration – Physical Education

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| Penalty |  | Awarded when a foul happens in the goal area | <ul style="list-style-type: none">• Secure• Exceeding |
| Free kick |  | Awarded when a foul happens in the main area of the pitch | |
| Corner |  | The ball passes over the goal line after touching other teams' player | |
| Throw in |  | The ball passes over the touch line after touching other teams' player | |