

Occupational Therapy SEND Team Newsletter

Spring Term 1

**FREE FOR MAINSTREAM
SECONDARY SCHOOL STAFF**

WHAT'S HAPPENING

Virtual Webinars: All Training is 14.00 – 15.00

We have a selection of online training webinars with topics on how sensory and motor skills impact on daily activities:

To book on: Please scan our QR code for specific topics and dates for staff to attend.



Sensory Circuit Training:

22nd January 2025, 09.00 – 11.45

Learn how to run and implement a sensory circuit at your school. This training is half a day face to face.

Please contact us and let us know if your school can host a training, hosts can send up to 3 members of staff

DON'T FORGET

Coffee Mornings:

Invite us, we can answer questions from parents and provide advice and signposting. Invite to email below.

SENCo Advice Meetings

Book a 30-minute virtual advice meeting with an Occupational Therapist if you would like some advice on how to support a child or a collective need in your setting.

OT Champions:

This project supports a staff member to run a group in school. This is a new project to develop young people's life skills. Topics that are covered are: meal preparation, travel and media leisure.

First Online Session (must attend):

7th January 2025
13.00 – 14.30

3 Online Topic Sessions:

14th January 2025
09.30 – 10.30 Media/ Leisure
11.00 – 12.00 Travel
13.30 – 14.30 Meal Prep

Education staff to book or enquire about FREE training please contact:

bchc.sendtherapy@nhs.net



@BCHC_Childot



BCHC Children's Occupational Therapy



@BCHC_Childot

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PARENT OFFER

Sensory Circuits at Home:

This online webinar explains the benefits of using a sensory circuit and how to implement at home to support with regulation.

Book via Eventbrite

Wednesday 29th January 13.00 – 14.00

Coming Soon: Face to Face Parent Sensory Circuits at Home



SEND Occupational Therapy Webpage:

We are developing our website on Birmingham's LOCAL OFFER, this will allow you access to our OT newsletter, FREE advice videos on different topics including dressing skills, sleep, P.E, sensory and many more!

Occupational Therapy Advice Line

Parents, professionals and educational staff can contact the OT advice line to gain advice and signposting on a child's need.

Monday- Friday, 09:00- 16:00.

0121 683 2325

Interpreting Advice Line information is found on our website via the QR code.



Community Paediatric Occupational Therapy Webpage:

A variety of advice packs (self-care, school skills, sensory) are available on the Occupational Therapy website.



**FREE FOR FAMILIES/
CARERS**



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BCHC Children's Occupational Therapy



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Please copy this page only into your school newsletter for parents/carers