








LUNCH MENU WEEK ONE

WEEK COMMENCING: 1st September 22nd September 13th October, 10th November 1st December

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN STATION	MAIN Traditional Bangers & Mash VEGETARIAN Quorn Sausage & Mash	MAIN Malaysian Chicken Curry VEGETARIAN Sweet Potato & Spinach Falafel Wrap	MAIN Garlic & Herb Roast Chicken VEGETARIAN Creamy Vegetable Pie	MAIN Reduced Carbon Spaghetti Bolognese VEGETARIAN Jacket Skins Topped with Smokey Vegetable Chilli	MAIN Crispy Battered Fish with Lemon & Cracked Black Pepper Mayo VEGETARIAN Vegan Dog with Ketchup & Crispy Onions
PASTA BAR & PIZZA BAR	Freshly cooked Pasta & Toppings & With a tasty selection of Pizza & Toppings				
JACKET POTATO BAR	Fresh Baked Jacket Potatoes with a selection of toppings				
GREENS & GRAINS	STARCH & VEG Creamy Mashed Potatoes Garden Peas	STARCH & VEG Fragrant Rice Sweetcorn	STARCH & VEG Crispy Roasties Seasonal Greens Glazed Carrots	STARCH & VEG Garlic Slice Chopped Salad	STARCH & VEG Chipped Potatoes Garden Peas Baked Beans
THEME DAY	 WRAP SHACK Jackfruit Mulitas Jackfruit with Peppers & Onion Served in a Toasted Tortilla Wrap topped with Salsa Roja	 The 'Lizzo' Beef Pattie Topped with Cheese, Lettuce, Tomato & Burger Relish	 'The Classic' Home Made Buttermilk Chicken Strips with French Fries & Sauces	 HALO FOOD TRUCK CO. Rainbow Vegetable Wrap Char Grilled Sweet Chilli Vegetables with Spring Onions	 RUBY RAILWAY CO. Vegetable Unidhiyu served with Roti, Achaari & Ruby Red Beetroot Yoghurt Dressing
COLD DELI	Selection of Grab & Go Snacks & pre made Sandwiches <i>Also Available Daily</i> Freshly made Cakes, Bakes, Fresh Fruit & a delicious selection of Sweet Desserts & Yoghurt				






FOOD ALLERGIES & INTOLERANCES

If you require information on allergens or suffer from a food intolerance, please speak to a team member before you order food or drinks



LUNCH MENU WEEK TWO

WEEK COMMENCING: 8th September, 29th September, 20th October 17th November 24th November
8th December

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN STATION	MAIN Sticky Barbecue Chicken with Savoury Vegetable Rice VEGETARIAN Roast Vegetable & Mozzarella Stromboli	MAIN Loaded Hot Dog VEGETARIAN Black Bean Quinoa Burger with Spicy Mayo	MAIN Reduced Carbon Minced Beef & Onion Pie VEGETARIAN Vegetable Wellington	MAIN Reduced Carbon Garlic Chilli Chicken Curry VEGETARIAN Macaroni Cheese	MAIN Fish Fingers with Tartare Sauce VEGETARIAN Cheesy Bean Burrito
PASTA BAR & PIZZA BAR	Freshly cooked Pasta & Toppings & With a tasty selection of Pizza & Toppings				
JACKET POTATO BAR	Fresh Baked Jacket Potatoes with a selection of toppings				
GREENS & GRAINS	STARCH & VEG Dressed Slaw Garden Peas	STARCH & VEG Paprika Wedges Sweetcorn	STARCH & VEG New Potatoes Broccoli Cauliflower	STARCH & VEG Pilau Rice Garlic Bread Seasonal Salad	STARCH & VEG Chipped Potatoes Garden Peas Baked Beans
THEME DAY	 The 'XCX' Tower Burger Southern Fried Chicken, Hash Brown, Cheese, Salad & Chipotle Mayo	 Spicy Beef Tostados with shredded iceberg lettuce, sour cream & salsa verde	 Vegan Penne Pasta Tomato & Garlic Confit Sauce with Fresh Basil	 'Tex Mex' Wrap Grilled Fajita Chicken Strips, Nachos, melted cheese with Jalapenos & Mexican Salsa	 Vegetable Biryani With spiced mango salad, cool yoghurt dip and topped with pink pickled onions
COLD DELI	Selection of Grab & Go Snacks & pre made Sandwiches <i>Also Available Daily</i> Freshly made Cakes, Bakes, Fresh Fruit & a delicious selection of Sweet Desserts & Yoghurt				

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LUNCH MENU WEEK THREE

WEEK COMMENCING: 15th September 6th October 3rd November 24th November 15th December

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN STATION	MAIN Reduced Carbon Tandoori Chicken Flatbread Topped with Riata VEGETARIAN Vegetable Meatballs with Spaghetti	MAIN Traditional Cottage Pie VEGETARIAN Cheese & Potato Puff Pastry Slice	MAIN Roast Chicken Served with Sage & Onion Stuffing VEGETARIAN Roast Pepper Quiche	MAIN Reduced Carbon Chilli con Carne with Rice or Nachos VEGETARIAN Sweet Potato, Spinach & Chickpea Balti served with Rice	MAIN Breaded Fish Fillet Burger with Lemon Wedge VEGETARIAN Stuffed Crust Margherita Pizza
PASTA BAR & PIZZA BAR	Freshly cooked Pasta & Toppings & With a tasty selection of Pizza & Toppings				
JACKET POTATO BAR	Fresh Baked Jacket Potatoes with a selection of toppings				
GREENS & GRAINS	STARCH & VEG Winter Slaw Sweetcorn	STARCH & VEG Vegetable Medley Baked Beans	STARCH & VEG Buttered New Potatoes Roasted Roots	STARCH & VEG Rice Green Beans	STARCH & VEG Chipped Potatoes Baked Beans Garden Peas
THEME DAY	 Snoop 'Dog' Jumbo Hot Dog topped with Mixed Peppers, Caramelised Onion & Cheese Sauce	 Chicken Burrito Wrap Wrap filled with Spiced Chicken Rice, Beans & Corn	 Chicken Chow Mein Chicken Stir Fried with Vegetables, Egg Noodles & Soy Sauce	 The Posh 'Pot Noodle' Vegetable Ramen Topped with Sliced Spring Onions & Fresh Chilli	 Traditional Chicken Korma Served with Pilau Rice, Mini Naan, Topped with Chutney
COLD DELI	Selection of Grab & Go Snacks & premade Sandwiches <i>Also Available Daily</i> Freshly made Cakes, Bakes, Fresh Fruit & a delicious selection of Sweet Desserts & Yoghurt				

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