



Topics in this cycle: Year 9 Boys Options Handball	Taught: Spring 1	Year Group: 9
Key knowledge/concepts to be learnt ('Tell me about....')		Websites/blogs/YouTube links and further reading to deepen and consolidate learning
<ul style="list-style-type: none"> What is passing in handball?  <ul style="list-style-type: none"> What are the positions in a handball Team? 		<p>Passing https://www.youtube.com/watch?v=tMLu3zWV3Sg</p> <p>Jump Pass https://www.youtube.com/watch?v=kl_a2_FfyEE</p> <p>Dribble https://www.youtube.com/watch?v=ycoJ9U36toI</p> <p>Shooting https://www.youtube.com/watch?v=kl_a2_FfyEE</p> <p>Attack and counter attack https://www.youtube.com/watch?v=AF9dk0XtM4Y</p>

What are the rules and regulations?

A competitive game consists of equal 30-minute halves with a 10-15 minute break.

A team cannot keep possession of the ball without attempting to attack.

A match begins with both teams in their own half.

A goal can be scored from any type of throw.

A player can run with the ball for three steps maximum.

A player can hold a ball for up to three seconds maximum.

A player can continuously dribble, providing they bounce the ball.

A player can take three steps maximum before and after dribbling (no 'double dribble').

Players are not able to endanger an opponent with the ball.

Home-School Learning Collaboration – Physical Education

Key Vocabulary and Definitions to Be Learnt		Family Learning Opportunities
Handball Court	Area that a game of handball is played on.	Birmingham Bisons Handball Club Birmingham Bisons Handball Club Handball training Birmingham, West Midlands, South Birmingham, North Birmingham, Worcestershire , Warwickshire
Handballs	Equipment used to play handball	
Types of passing overhead jump pass Bounce pass	Different ways to pass the ball to your teammates	
Shot	A way to score a goal in handball	
Offensive foul	An offensive foul in handball is a foul committed by an offensive player whose team is in possession of the ball	
Double dribble	A double dribble in handball is a violation that occurs when a player makes a controlled dribble, pauses, and then dribbles the handball again	
Defence	A handball defence refers to the defensive strategies, alignments, and positioning that a team uses to prevent the opposing offense from scoring.	What will the Assessment look like? <u>Quality of Performance</u> Students will be assessed on their practical skills related to handball in isolation, small sided and recognised games. <u>Quality of theoretical Understanding</u> Students will also be assessed on their theoretical knowledge related to handball. Including <ul style="list-style-type: none"> • Rules and regulations • Skills and tactics • Analysis of performance
Contact	Contact in handball is when a player guards tightly or hits an opponent.	
Penalty	In handball, penalties or foul shots are unopposed attempts to score points by shooting from behind the penalty line with a goalkeeper in goal.	
Marking	Man-to-man defence in handball is a type of defensive formation and tactic where every defensive player is assigned an offensive player to defend against	