

Topics in this cycle: Year 9 Boys Options Handball	Taught: Spring 1	Year Group: 9
Key knowledge/concepts to be learnt ('Tell me about....')		Websites/blogs/YouTube links and further reading to deepen and consolidate learning
<ul style="list-style-type: none"> • What is passing in handball?  <ul style="list-style-type: none"> • What are the positions in a handball Team? 	<p>What are the rules and regulations?</p> <p>A competitive game consists of equal 30-minute halves with a 10-15 minute break.</p> <p>A team cannot keep possession of the ball without attempting to attack.</p> <p>A match begins with both teams in their own half.</p> <p>A goal can be scored from any type of throw.</p> <p>A player can run with the ball for three steps maximum.</p> <p>A player can hold a ball for up to three seconds maximum.</p> <p>A player can continuously dribble, providing they bounce the ball.</p> <p>A player can take three steps maximum before and after dribbling (no 'double dribble').</p> <p>Players are not able to endanger an opponent with the ball.</p>	<p>Passing https://www.youtube.com/watch?v=tMLu3zWV3Sg</p> <p>Jump Pass https://www.youtube.com/watch?v=kl_a2_FfyEE</p> <p>Dribble https://www.youtube.com/watch?v=ycoJ9U36tol</p> <p>Shooting https://www.youtube.com/watch?v=kl_a2_FfyEE</p> <p>Attack and counter attack https://www.youtube.com/watch?v=AF9dk0XtM4Y</p>

Home-School Learning Collaboration – Physical Education

Key Vocabulary and Definitions to Be Learnt		Family Learning Opportunities
Handball Court	Area that a game of handball is played on.	Birmingham Bisons Handball Club Birmingham Bisons Handball Club Handball training
Handballs	Equipment used to play handball	Birmingham, West Midlands, South Birmingham, North Birmingham, Worcestershire, Warwickshire
Types of passing overhead jump pass Bounce pass	Different ways to pass the ball to your teammates	
Shot	A way to score a goal in handball	
Offensive foul	An offensive foul in handball is a foul committed by an offensive player whose team is in possession of the ball	
Double dribble	A double dribble in handball is a violation that occurs when a player makes a controlled dribble, pauses, and then dribbles the handball again	
Defence	A handball defence refers to the defensive strategies, alignments, and positioning that a team uses to prevent the opposing offense from scoring.	What will the Assessment look like?
Contact	Contact in handball is when a player guards tightly or hits an opponent.	Quality of Performance Students will be assessed on their practical skills related to handball in isolation, small sided and recognised games.
Penalty	In handball, penalties or foul shots are unopposed attempts to score points by shooting from behind the penalty line with a goalkeeper in goal.	Quality of theoretical Understanding Students will also be assessed on their theoretical knowledge related to handball. Including <ul style="list-style-type: none"> • Rules and regulations • Skills and tactics • Analysis of performance
Marking	Man-to-man defence in handball is a type of defensive formation and tactic where every defensive player is assigned an offensive player to defend against	