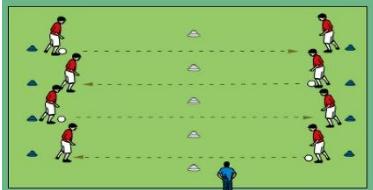


Topics in this cycle: KS3	Taught: Spring 1	Year Group: 7-8
Key knowledge/concepts to be learnt ('Tell me about....')		Websites/blogs/YouTube links and further reading to deepen and consolidate learning
<p><b>What are the main types of passing in Football?</b>  <u>Short Passing &amp; Long passing</u></p>  <p><b>Positions</b></p> 	<p><b>What are the rules and regulations in Football?</b></p> <p><b>Rules and regulations</b></p> <ul style="list-style-type: none"> <li>2 teams, each with a maximum of eleven players; one must be the goalkeeper.</li> <li>A match is usually played in two 45-minute halves.</li> <li>A kick-off starts both halves.</li> <li><b>A goal is scored when the whole ball passes over the goal line, between the goalposts and under the crossbar.</b></li> <li>Players must not be careless, reckless or use excessive force against an opponent.</li> <li><b>Offside (offence):</b> when a player goes behind the line of opposing defenders before the ball.</li> <li><b>Handling the ball:</b> Players are not allowed to use their hands or arms to control the ball unless they are the goalkeeper</li> <li><b>Throw in:</b> a throw in occurs when the ball has completed passed the touchline</li> <li><b>A corner kick</b> is awarded when the defending team kicks the ball over the goal line.</li> <li><b>A goal kick</b> is awarded when a ball passes wholly over the goal line, having last touched an attacking team player has been kicked to them.</li> <li><b>A free kick</b> is awarded to the opposing team when a player is guilty of an offence.</li> <li><b>A penalty kick</b> is awarded if a player commits a direct free kick offence inside their penalty area. Goals may be scored directly from a penalty kick.</li> </ul>	<p>Short passing- <a href="#">Soccer Techniques: Short Pass   Football - YouTube</a></p> <p>Long Passing- <a href="#">Soccer Techniques: Long Pass   Football - YouTube</a></p> <p>Dribbling- <a href="#">THE BASICS OF DRIBBLING   beginner tutorial - YouTube</a></p> <p>Ball Control- <a href="#">Improve ball mastery   5 drills for ultimate control - YouTube</a></p> <p>Attacking skills and drills- <a href="#">Best 1v1 Attacking Soccer Drills And Attacking Soccer Skills To Beat A Defender - YouTube</a></p> <p>Defending skills- <a href="#">7 defender tips to make strikers FEAR you - YouTube</a></p> <p>Shooting- <a href="#">Beginner's guide to shooting   5 BASIC TIPS - YouTube</a></p> <p>How to play football and rules- <a href="#">Beginner's guide to football   Football for dummies - YouTube</a></p> <p>Rules of football explained- <a href="#">The Rules of Football (Soccer or Association Football) - EXPLAINED! - YouTube</a></p>

# Home-School Learning Collaboration – Physical Education

Key Vocabulary and Definitions To Be Learnt		Family Learning Opportunities	
<b>Football pitch</b>		Area that a game of football is played on.	
<b>Footballs, Football boots and shin pads</b>		Equipment used to play football.	
<b>Types of passing.</b> <b>Short pass</b> <b>Long pass</b> <b>Lofted pass</b> <b>Crossing</b>	Different ways to pass the ball to your teammates	<ul style="list-style-type: none"> <li>Join local football teams. <a href="http://www.findafootballteam.info/">http://www.findafootballteam.info/</a></li> <li>Girls Football Information only <a href="https://www.birminghamfa.com/">https://www.birminghamfa.com/</a> <a href="https://www.EnglandFootball.com/">https://www.EnglandFootball.com/</a></li> <li>Aston Villa Brookvale Training Academy Opening September 23. Every Friday from 3pm (Opening information to follow) <a href="#">Homegrown stars visit new Inner City Academy   AVFC</a></li> </ul>	
<b>Dribbling</b>	A skill to use whilst staying on the ball and moving it around the pitch		
<b>Dominant and non-dominant foot</b>	Dominant- the foot you use to kick the ball (stronger foot) Non-dominant- Your weaker foot.	<p><b>What Will the Assessment Look Like?</b></p> <p><b>Quality of Performance</b> Students will be BASE assessed on their practical skills related to football in isolation, small sided and recognised games.</p>	
<b>Balance and coordination</b>	Balance- is the ability to stay upright or stay in control of body movement. Coordination- is the ability to move two or more body parts (foot eye in football)		
<b>Attacking Shooting</b>	The team with the possession of the ball to create a goal-scoring chance. Shooting- hitting the ball to try score a goal.		
<b>Defending tackling</b>	The team without the ball to stop attacks during the game and prevent the opposition from scoring.		
<b>Possession</b>	Keeping the ball in a game by passing		

# Home-School Learning Collaboration – Physical Education

<b>Penalty</b>		Awarded when a foul happens in the goal area	<p><b>Quality of theoretical Understanding</b> Students will also be assessed on their theoretical knowledge related to football. Including</p> <ul style="list-style-type: none"><li>• Rules and regulations</li><li>• Skills and tactics</li><li>• Analysis of performance</li></ul>
<b>Free kick</b>		Awarded when a foul happens in the main area of the pitch	
<b>Corner</b>		The ball passes over the goal line after touching other teams' player	
<b>Throw in</b>		The ball passes over the touch line after touching other teams' player	